

Below is the Multiple Sclerosis Questionnaire used for data collection derived from MS NICE guidelines <sup>6</sup>

## Multiple sclerosis acute relapse questionnaire

*based on Multiple Sclerosis NICE guidelines 2014*

Name:

ID number:

Gender:

Date of Birth:

Year of diagnosis:

Date of Relapse:

### Recognizing a Relapse

- Developed new symptoms or worsening of existing symptoms [1.7.3]

Yes  no

- Duration of symptoms: [1.7.3]

<24 hours  >24hours

- Infection ruled out: [1.7.4]

Yes  no

If yes:  UTI  RTI  GI  Other \_\_\_\_\_

- Signs and symptoms discriminated from Disease progression or fluctuation [1.7.4]

Yes  no

-Time from onset of symptoms to treatment: [1.7.5]

<14 days  >14 days

-Impact on Activities of Daily living [1.7.5]

Yes  no

-Symptoms present for longer than 3 months: [1.7.5]

Yes  no

### Treating a Relapse

- Treatment prescribed: [1.7.7; 1.7.8]

|  | Dose | Frequency | Duration |
|--|------|-----------|----------|
| <input type="checkbox"/> Methylprednisolone IV |      |           |          |
| <input type="checkbox"/> Prednisolone PO       |      |           |          |
| <input type="checkbox"/> Other _____           |      |           |          |

-Treatment as In-patient : [1.7.8]

In-patient                      Length of stay \_\_\_\_\_                       No

- If treated as In-Patient, what is the indication for admission [1.7.8, 1.7.9, 1.7.10]

- Severe Relapse.
- Monitoring of medical condition
- Monitoring of psychological condition
- Poor social support
- Other \_\_\_\_\_

-Extra-supply of steroids prescribed for self administration [1.7.10]

Yes                       no

**Information about treating a relapse of steroids**

-Benefits and risks of treatment discussed: [1.7.11]

Yes                       no

-Potential Side Effects of treatment discussed: [1.7.12]

Yes                       no

- Information of Potential Side Effects of treatment given: [1.7.13]

Yes                       no

-Multidisciplinary team informed: [1.7.14]

- Neurologist                       Occupational therapy
- Social worker                       GP                       Physiotherapy

Medical, therapy and social care needs at time of relapse or exacerbation

- Rehabilitation Referral
- Social worker referral
- In-patient treatment offered if deficient medical or social care needs at home
- Patient informed of short term cognitive effects of relapse
- Symptom management