

Instructions: Kindly circle the appropriate answer.

1. Gender :

i) Male

ii) Female

iii) Other

2. Age:

i) 18-30

ii) 31-50

iii) >51

3. Nationality:

i) Maltese

ii) Non-Maltese

4. Occupation:

i) Doctor

ii) Nurse

iii)

Occupational Therapist

iv) Psychologist/Psychotherapist

v) Social worker

5. Employment status:

i) Fulltime

ii) Part-time

6. Employment type:

i) Permanent (State employed)
state employed)

ii) Contracted (not

7. How long have you worked with this Organisation?

i) 0 - 11 months

v) 11-15 years

ii) 1 – 2 years

vi) 16- 20 years

iii) 3 – 5 years

vii) 21+ years

iv) 6 – 10 years

8. How long have you worked in your current position?

i) 0 - 11 months

v) 11-15 years

ii) 1 – 2 years

vi) 16- 20 years

iii) 3 – 5 years

vii) 21+ years

iv) 6 – 10 years

9. Is your current position considered:

i) Manager

ii) Supervisor

iii) Front-line staff

MBI-HSS for Medical Personnel Survey

Instructions: On the following page are 22 statements of job related feelings. Please read each statement carefully and decide if you ever feel this way about your job. Circle the number which best describes how frequently you feel that way.

	Never	A few times a year or less	Once a month or less	A few times a month	Once a week	A few times a week	Every day
I feel emotionally drained from my work.	0	1	2	3	4	5	6
I feel used up at the end of the workday.	0	1	2	3	4	5	6
I feel fatigued when I get up in the morning and have to face another day on the job.	0	1	2	3	4	5	6
I can easily understand how my patients feel about things.	0	1	2	3	4	5	6
I feel I treat some patients as if they were impersonal objects.	0	1	2	3	4	5	6
Working with people all day is really a strain for me.	0	1	2	3	4	5	6
I deal very effectively with the problems of my patients.	0	1	2	3	4	5	6
I feel burned out from my work.	0	1	2	3	4	5	6
I feel I'm positively influencing other people's lives through my work.	0	1	2	3	4	5	6
I've become more callous toward people since I took this job.	0	1	2	3	4	5	6
I worry that this job is hardening me emotionally.	0	1	2	3	4	5	6
I feel very energetic.	0	1	2	3	4	5	6

I feel frustrated by my job.	0	1	2	3	4	5	6
I feel I'm working too hard on my job.	0	1	2	3	4	5	6
I don't really care what happens to some patients.	0	1	2	3	4	5	6
Working with people directly puts too much stress on me.	0	1	2	3	4	5	6
I can easily create a relaxed atmosphere with my patients.	0	1	2	3	4	5	6
I feel exhilarated after working closely with my patients.	0	1	2	3	4	5	6
I have accomplished many worthwhile things in this job.	0	1	2	3	4	5	6
I feel like I'm at the end of my rope.	0	1	2	3	4	5	6
In my work, I deal with emotional problems very calmly.	0	1	2	3	4	5	6
I feel patients blame me for some of their problems.	0	1	2	3	4	5	6